

Before You Begin . . .

Before you dive into this handy little guide, let me first give you a little insight into what your lovely Bride is experiencing.

It is important for you to understand that most women dream of getting married from the moment of birth. This is her chance to be princess for a day, and she takes it very seriously. Now, her Prince Charming has proposed, and she is thrust into making that dream a reality.

Weddings are turning into huge productions these days. It's hard enough to plan a birthday party, but now, the love of your life is dealing with booking 20 vendors on the same date, figuring out how much everything costs, seeing who you can afford to invite, playing the political game of which girlfriends she should have as her attendants, trying to plan every detail so that nothing is forgotten, balancing her parents and yours, trying not to offend anyone, all the while trying to keep that dream of the perfect wedding alive.

Just a warning, there may be moments when this beautiful, sweet, and caring woman that you fell in love with will become a screaming, crying, frustrated stranger that will scare the living daylights out of you.

Why am I telling you this? It's not to scare you. Really! It is to give you an idea of the kind of stress and pressure that she has put on herself. Also, keep in mind that this is the first thing that she will do as your wife. It is her way of proving to you what a wonderful partner she will be. So, please have patience. **DO NOT** tell her she is over-reacting (that's just for your safety), and

let her know that you are there to help her in any way that she may need. The best thing to do when your fiancé is upset is listen, listen, listen! When she has finished unloading her frustrations, ask her what she needs you to do. If she says, “nothing,” kiss her on the cheek and re-direct her thinking to a more positive subject and ALWAYS assure her that the wedding day will be almost as beautiful as she is at that moment.

So, sit back, keep your head down, nod often, learn the phrase “Whatever you want dear” and you just might enjoy *her*...I mean, *YOUR* wedding!